

Housekeeping Items

- If you a unable to hear us, please dial-in:
 - o 416-620-7077 / 1-866-834-7685
 - Access code: 255 6848
- Please use the chat box or the "Raise Hand" function in your window to alert us if you have a question or comment
- We have muted the line if you have questions, press *7 to unmute yourself.
- For technical difficulties, dial *0 to speak to an operator
- Please note that this session is being recorded and will be available for a period of time online

For reference, the *Colposcopy Clinical Guidance Document* and the related colposcopy toolkit documents are provided in your calendar invitations

Welcome to the Colposcopy Community of Practice

About the Colposcopy CoP

- Fifth CoP webinar
 - ~120 attendees at Spring 2018 meeting
 - Active engagement and strong feedback
- Today's webinar will be interactive
 - ✓ Live polls during case studies
 - ✓ Q&A periods after each agenda item
 - ✓ Participation is encouraged
- Today's session is a Royal College of Physicians and Surgeons Accredited Group learning Activity – we will issue you a letter of accreditation for 1.5 credit hours if you:
 - 1. Participate in today's event,
 - 2. Register as a member of the Colposcopy CoP, and
 - 3. Complete and submit the post-webinar evaluation survey.



Today's Agenda

Item	Presenter		
Introduction	Dr. Joan Murphy		
Ontario Cervical Screening Program Updates	Dr. Joan Murphy		
Colposcopy Indicators from the <i>Quality Management Insider (2nd Issue)</i>	Dr. Rachel Kupets		
Questions from the Field	Dr. Joan Murphy		
Case Study #1: Interpreting Pathology on LEEPs and cones	Dr. Neerja Sharma & Dr. Keiyan Sy		
Case Study #2: Immunocompromised Patients	Dr. Dustin Costescu		
Case Study #3: Vaccinated Cohort	Dr. Rachel Kupets		
Concluding Remarks and Accreditation	Dr. Joan Murphy		



A special thank you to our CoP Planning Committee:

Dr. Jennifer Jocko Dr. Rachel Kupets Dr. Paul Gurland Dr. Keiyan Sy



Learning Objectives

We hope that by the end of this meeting, you will better understand:

- The colposcopy landscape in Ontario through infographic indicators
- 2. Risk assessment and implications for screening and colposcopy
- 3. Navigation of colposcopy best-practice pathways





Ontario Cervical Screening Program Updates

DR. JOAN MURPHY



HPV Testing - Implementation Update

- In summer 2017, CCO began working with the Ministry to implement HPV testing in Ontario
- Scientific evidence and expert consultation supports each component of program design for HPV screening (e.g. lab engagement)
- Engagement with public and the broad clinical community
- Support for providers will include:
 - Updated cervical screening guidelines using HPV testing
 - Updated colposcopy clinical guidance pathways including HPV testing
 - Education and tools to help providers understand and adopt the pathways (e.g. case studies)



Screening Guidelines Updates

- The Ontario Cervical Screening Guidelines have been updated by the Program in Evidence-Based Care (PEBC) and are wrapping up final reviews
- The updated screening guidelines are planned to be released in 2019



Colposcopy Clinical Guidance Updates

- Thank you for submitting feedback through your CSCL, our survey, or directly to the CoP inbox last year
- To align HPV testing in screening and colposcopy settings, the next version of the colposcopy clinical guidance document will be released to align with updated cervical screening guidelines, planned for release in 2019





Quality Management Insider: Spotlight on Colposcopy (2nd Issue)

DR. RACHEL KUPETS SCIENTIFIC LEAD, OCSP



Quality Management Insider: Spotlight on Colposcopy

- Introduced as a one-time newsletter to share regional performance, as measured by a select list of colposcopy indicators
- Aims to inform regional quality improvement initiatives and to measure impact of these initiatives
- 2018 version includes updated indicators







Pathway to Colposcopy in 2017



In 2016, 581 women were diagnosed with invasive cervical cancer and 5,787 were diagnosed with cervical pre-cancer*

The recommended screening interval is every 3 years

Of the total Pap tests with known results, 7% were abnormal

Of these abnormal Pap tests, 14% were high grade

Colposcopy evaluates the lower genital tract in women with abnormal Pap tests



Overview of Colposcopy Services in 2017

100,928 colposcopy assessments



Of these assessments, 65% were performed in hospital clinics

8,599 treatments were carried out on 8,243 women

Treatments included cryotherapy, LEEP, cone biopsy, electrocautery and laser cryoconization



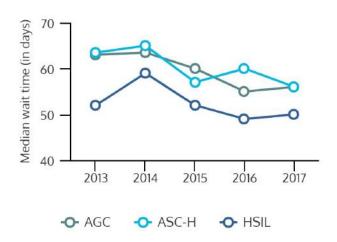


Measuring Ontario's Quality of Colposcopy Services

From 2013 to 2017, the proportion of women who were seen for colposcopy following their first ASCUS Pap test result was

~6%

OCSP recommends that women with their first ASCUS cytology result at screening be recalled for a repeat cytology in 6 months. These women should not be referred directly to colposcopy (2) The median wait time from high-grade Pap test to colposcopy has decreased since 2014



The proportion of women with high-grade Pap tests who were seen for colposcopy within 6 months increased from 75% in 2013 to 83% in 2017





MEASURING ONTARIO'S QUALITY OF COLPOSCOPY SERVICES

From 2013 to 2016, the proportion of women who were NOT SEEN FOR FOLLOW-UP 12 months post-treatment is approximately

15-17%

The Colposcopy Clinical Guidance document recommends that women receive follow-up in colposcopy at 6 months posttreatment (1)



From 2009 to 2013, the proportion of women exiting colposcopy with 3 consecutive normal Pap tests following treatment was 77-80%

The Colposcopy Clinical Guidance document recommends that women who receive 3 consecutive normal cytology results in colposcopy return to routine screening in primary care (1)







Cancer Screening Analytics Newsletter **Quality Management Insider**

ISSUE 2: SPOTLIGHT ON COLPOSCOPY

About this newsletter

Quality Management Insider, published for the first time in November 2017, is intended to share key cancer screening data with stakeholders and to support quality improvement initiatives. This newsletter is developed by Cancer Screening Quality Management (Analytics), with contributions from Cancer Screening Program Design (Ontario Cervical Screening Program or OCSP), scientific and clinical leads, and other cancer screening colleagues at Cancer Care Ontario.

This issue

As in the previous issue of this newsletter, this issue focuses on colposcopy services in Ontario. Colposcopy is a procedure during which the cervix, vagina and vulva are examined for evidence of pre-cancerous cell changes. This procedure is usually done following an abnormal cervical screening test result (1).

Note from the OCSP Provincial Leads: Dr. Joan Murphy and Dr. Rachel Kupets

Cancer prevention is achieved through a continuum of screening, diagnosis, treatment of pre-cancers and appropriate follow-up. Cancer Care Ontario is in the process of organizing colposcopy services in Ontario. Through the publication of its evidence-based screening guidelines and colposcopy clinical guidance, the OCSP wishes to achieve the benefits of screening, while minimizing harms. The OCSP is working with the Ministry of Health and Long-Term Care to implement human papillomavirus (HPV) testing, which is now recognized as the preferred cervical screening test. Additionally, the regional cervical screening and colposcopy leads deliver quality improvement and engagement activities tailored to the needs of each region. These activities further improve cervical screening. colposcopy and cervical cancer prevention in Ontario. It is our intention that the quality indicators reported in this newsletter will inform you as care providers. cancer program planners and decision-makers, and encourage thoughtful and evidence-based management of women in screening and colposcopy.

- Authors/creators: Symron Bansal, Li Wang, Nathaniel Jembere and Julia Gao Contributors:
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 Scientific and Clinical Leads: Rachel Kupets and Joan Murphy
 Scientific and Clinical Leads: Rachel Kupets and Joan Murphy
 Support: Colleagues from Prevention and Cancer Control, Communications and Privacy portfolios

FEEDBACK

Email us: screeningdatarequest@cancercare.on.ca

NOVEMBER 2018

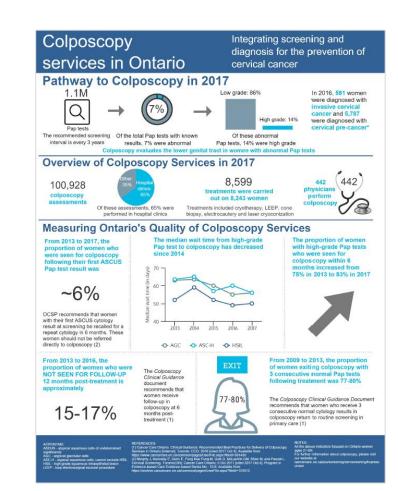
Latest research · Philp L, Jembere N, Wang L,

- Gao J, Maguire B, Kupets R. Pap tests in the diagnosis of cervical cancer; Help or hinder? Gynecologic oncology. 2018 May 15.
- · Jackson R, Wang L, Murphy J, Kupets R (in press). Why do women get cervical cancer in an organized screening program in Canada? Journal of Lower Genital Tract Disease.
- · Tavassoli S, Kane E, Kupets R. (in review). Impact of patient directed cytology results correspondence program on follow-up of high grade Pap tests. Journal of Obstetrics and Gynaecology Canada.

HIGHLIGHTS

- About this newsletter
- This issue
- Note from the OCSP Provincial Leads
- Latest research
- Colposcopy infographics









DR. JOAN MURPHY



Could we discuss the stenotic post-LEEP cervix in the post menopausal woman?



Do you recommend hysterectomy when child bearing is complete, for AIS?



Can you comment on choice of LEEP vs. Cone?





Clinical Management in Colposcopy: Case Study #1

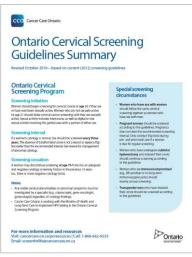
DR. NEERJA SHARMA
CSCL EERIE ST. CLAIR (LHIN #1)



Patient:

- 33 year old G1P1
- Smoker
- LSIL x2 on Pap smears 6mo apart (most recent Pap on Sept 24th)
- At first colpo visit, colpo adequate/satisfactory:
 - Colpo impression: HSIL at 6 o'clock; nabothian cyst at 1 o'clock
 - Cervical Punch biopsies done at 1 and 6 o'clock
 - Pathology HSIL at 6 o'clock and LSIL at 1 o'clock







	Diagnosis	Recommended management						
1	Atypical squamous cells of undetermined significance (ASCUS)	For women <30 years old (HPV triage is not recommended)						
		Repeat cytology in 6 months	Result: Normal	Repeat cytology in 6 months	Result: Normal	Routine screening in 3 years		
					Result: ≥ASCUS	Colposcopy		
			Result: ≥ASCUS	Colposcopy	scopy			
		For women ≥30 years old						
		HPV testing for oncogenic strains*	Result: Negative	Routine screening in 3 years				
			Result: Positive	Colposcopy				
		If HPV status is not known						
		Repeat cytology in 6 months	Result: Normal	Repeat cytology in 6 months	Result: Normal	Routine screening in 3 years		
					Result: ≥ASCUS	Colposcopy		
			Result: ≥ASCUS	Colposcopy				
	Low-grade squamous Intraepithelial lesion (LSIL) †	Repeat cytology in 6 months	Result: Normal	Repeat cytology in 6 months	Result: Normal	Routine screening in 3 years		
					Result: ≥ASCUS	Colposcopy		
			Result: ≥ASCUS	Colposcopy	ору			
		Or refer to colposcopy						
	Unsatisfactory for evaluation	Repeat cytology in 3 months						
	Benign endometrial cells on Pap tests	 Pre-menopausal women who are asymptomatic require no action (continue to follow usual screening guidelines) Post-menopausal women require investigation, including adequate endometrial tissue sampling Abnormal vaginal bleeding in any woman requires investigation, which should include adequate endometrial tissue sampling 						



Q1: What are your recommendations?

- A) F/U colpo in 6 months
- B) Cryotherapy to cervix
- C) Laser to cervix
- D) LEEP
- E) C) or D)



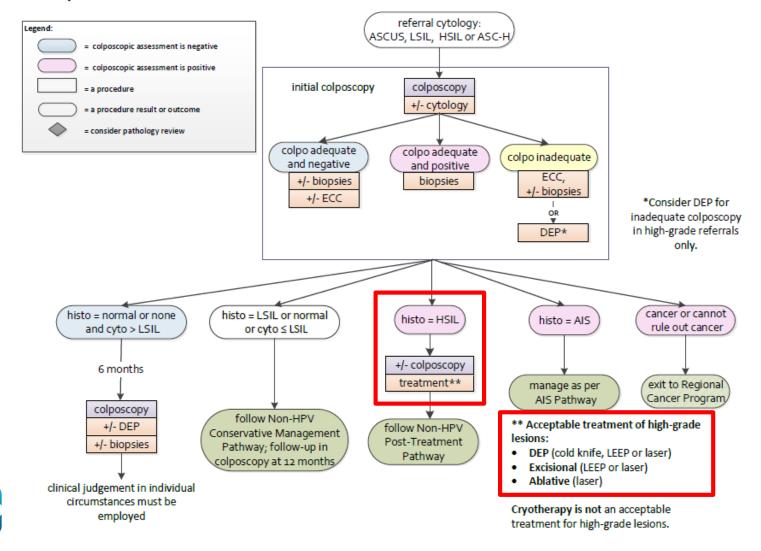
Q1: What are your recommendations?

- A) F/U colpo in 6 months
- B) Cryotherapy to cervix
- C) Laser to cervix
- D) LEEP
- E) C) or D)



Clinical Management without HPV Testing in Colposcopy:

Workup and Treatment: SIL Referral in Women ≥ 25





Patient underwent LEEP within 4 weeks; pathology confirmed HSIL/CIN3; margins clear

Q2: What do you recommend in terms of follow up?

- A) Discharge to primary care physician for annual screening
- B) Follow up colpo in 6 months
- C) Follow up colpo in 3 months
- D) None of the above



Patient underwent LEEP within 4 weeks; pathology confirmed HSIL/CIN3; margins clear

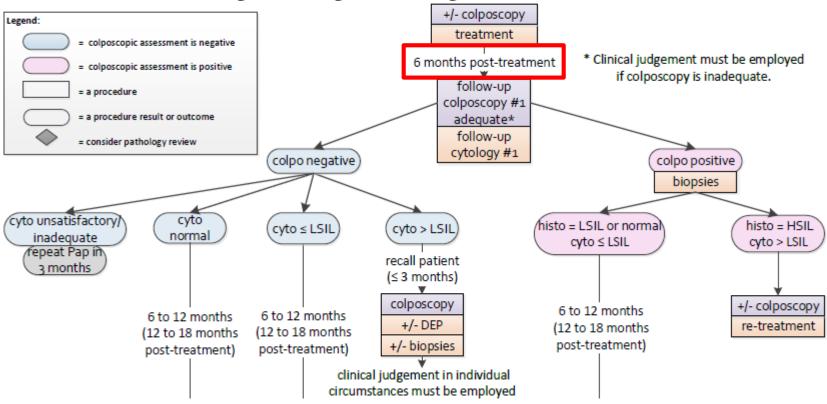
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- A) Discharge to primary care physician for annual screening
- B) Follow up colpo in 6 months
- C) Follow up colpo in 3 months
- D) None of the above



Clinical Management without HPV Testing in Colposcopy:

Post-Treatment SIL Management Regardless of Age





At first post-treatment colpo visit in 6 months: Colpo is adequate and negative; Cyto normal

Q3: What would be your recommended next step?

- A) Discharge to primary care physician
- B) Follow up colpo in 6-12 months
- C) A) or B)
- D) None of the above



At first post-treatment colpo visit in 6 months: Colpo is adequate and negative; Cyto normal

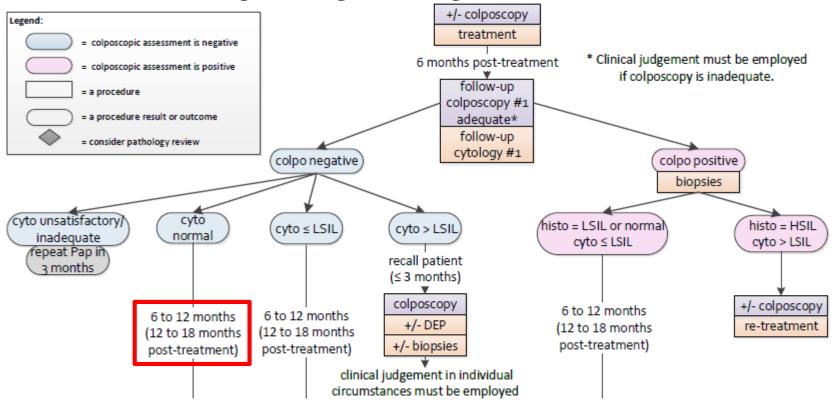
Q3: What would be your recommended next step?

- A) Discharge to primary care physician
- B) Follow up colpo in 6-12 months
- C) A) or B)
- D) None of the above



Clinical Management without HPV Testing in Colposcopy:

Post-Treatment SIL Management Regardless of Age





At second (potentially final) post-treatment colpo visit: Colpo is adequate and positive; Histo HSIL; Cyto LSIL; HPV positive

Q4: What is your recommended next step?

- A) Re treatment with laser or LEEP
- B) Follow up colposcopy in 6 months
- C) Pathology review
- D) All of the above

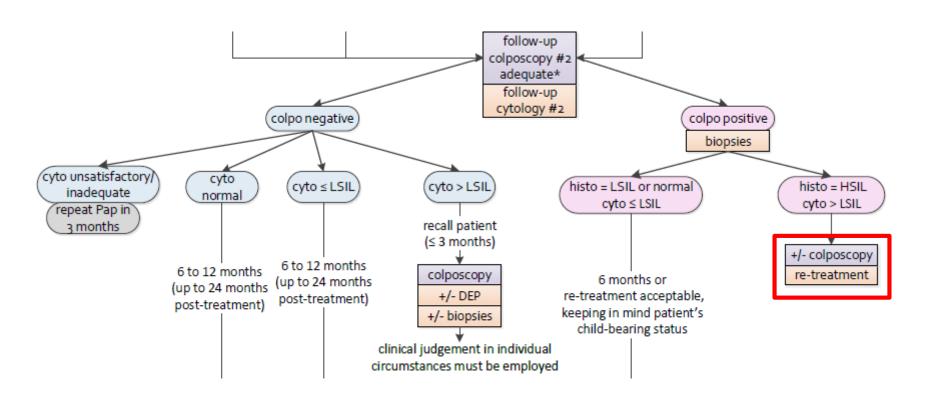


At second (potentially final) post-treatment colpo visit: Colpo is adequate and positive; Histo HSIL; Cyto LSIL; HPV positive

Q4: What is your recommended next step?

- A) Re treatment with laser or LEEP
- B) Follow up colposcopy in 6 months
- C) Pathology review
- D) All of the above







Patient underwent re-treatment with LEEP; small focals for HSIL and all margins negative

On post re-treatment colpo visit, findings were normal and the patient returned to the normal pathway along the post-treatment algorithm



Pathology review by a pathologist with a specialty or special interest in gynecological pathology at a gynecologic oncology centre should be considered for cases with significant discordance, where a pathology review may be useful in patient management.

Conservative management is favoured.

Treatment of persistent LSIL is acceptable for women in whom:

- LSIL or high risk HPV infection persists for two or more years OR
- Child bearing is not a concern

Acceptable treatment of low-grade lesions:

- Excisional (LEEP)
- Ablative (laser)
- Due to higher failure rates, cryotherapy is only acceptable when other options do not exist



Clinical Management in Colposcopy: Case Study #2

DR. DUSTIN COSTESCU
CSCL HAMILTON NIAGARA (LHIN #4)



Q1: What is the appropriate screening interval (cervical cytology) for an immunocompromised individual?

- A) 3 years
- B) 1 year
- C) 3 years if HPV co-test
- D) 6 months



Q1: What is the appropriate screening interval (cervical cytology) for an immunocompromised individual?

- A) 3 years
- B) 1 year
- C) 3 years if HPV co-test
- D) 6 months



Q2: What constitutes an immunocompromised individual for the purposes of cervical screening?

- A) HIV
- B) Immunosuppressant drug therapy
- C) Long standing diabetes
- D) A) and B)
- E) There is no clear definition



Q2: What constitutes an immunocompromised individual for the purposes of cervical screening?

- A) HIV
- B) Immunosuppressant drug therapy
- C) Long standing diabetes
- D) A) and B)
- E) There is no clear definition



Q3: What DOES NOT constitute an immunocompromised individual for the purposes of cervical screening?

- A) Organ transplant
- B) Asthmatic on intermittent steroids
- C) Past history of breast cancer with previous chemotherapy
- D) B) and C)
- E) All of the above



Q3: What DOES NOT constitute an immunocompromised individual for the purposes of cervical screening?

- A) Organ transplant
- B) Asthmatic on intermittent steroids
- C) Past history of breast cancer with previous chemotherapy
- D) B) and C)
- E) All of the above



Patient:

- 30 year old G0P0
 - Considering pregnancy in the future
- Cystic Fibrosis patient with previous double lung transplant
 - Multiple immunosuppressant drugs
- Referred with ASCUS followed by LSIL 6 months afterward



Q4: At first colposcopy visit: colposcopy adequate; lesion consistent with LSIL

What are your recommendations?

- A) F/U in colpo
- B) DEP
- C) HPV test
- D) Discharge to primary care physician for annual screening
- E) Biopsy the lesion



Q4: At first colposcopy visit: colposcopy adequate; lesion consistent with LSIL

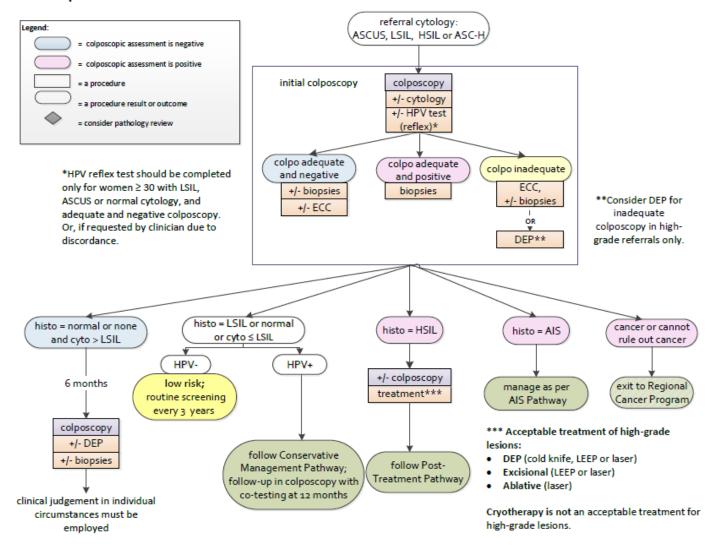
What are your recommendations?

- A) F/U in colpo
- B) DEP
- C) HPV test
- D) Discharge to primary care physician for annual screening
- E) Biopsy the lesion



Clinical Management with HPV Testing in Colposcopy:

Workup and Treatment: SIL Referral in Women ≥ 25



HPV test is positive (non 16/18)

Q5: What do you recommend in terms of next steps?

- A) Discharge to primary care physician for annual screening
- B) Follow up colpo in 6 months
- C) Follow up colpo in 12 months
- D) LEEP



HPV test is positive (non 16/18)

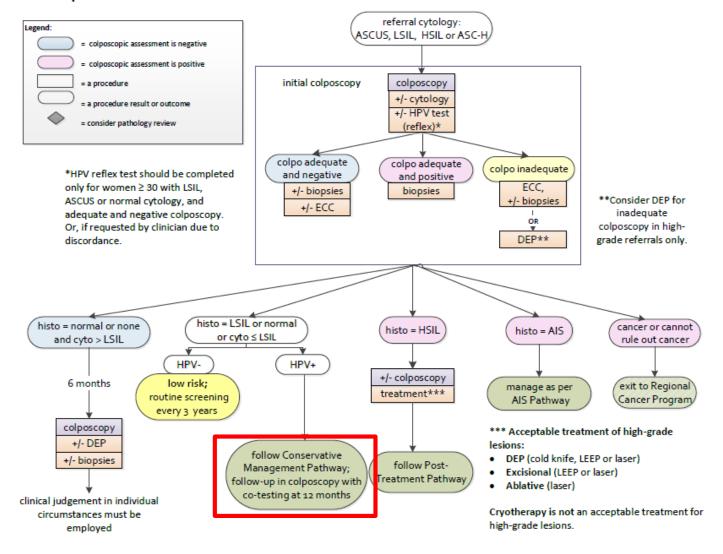
Q5: What do you recommend in terms of next steps?

- A) Discharge to primary care physician for annual screening
- B) Follow up colpo in 6 months
- C) Follow up colpo in 12 months
- D) LEEP



Clinical Management with HPV Testing in Colposcopy:

Workup and Treatment: SIL Referral in Women ≥ 25



At 12mo follow-up colposcopy: colpo adequate and positive; histo LSIL; cytology LSIL

Q6: What would be your recommended next step?

- A) Discharge to primary care for routine screening
- B) LEEP
- C) Repeat HPV test
- D) Follow up colpo in 6-12 months



At 12mo follow-up colposcopy: colpo adequate and positive; histo LSIL; cytology LSIL

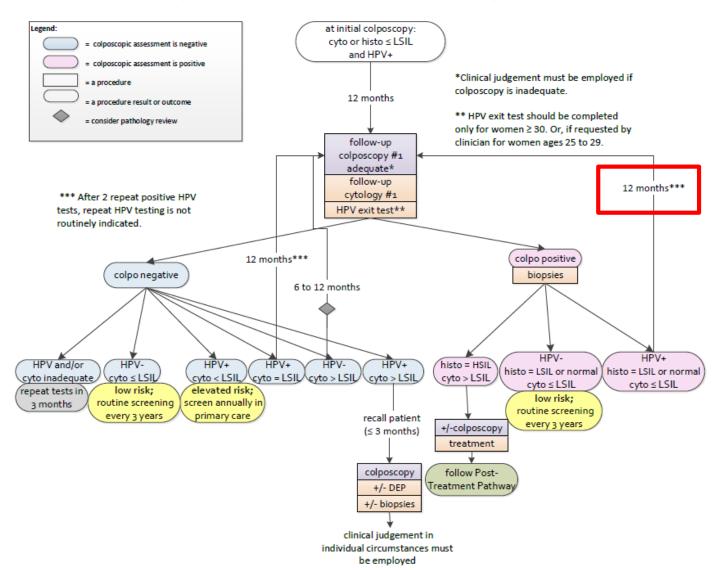
Q6: What would be your recommended next step?

- A) Discharge to primary care for routine screening
- B) LEEP
- C) Repeat HPV test
- D) Follow up colpo in 6-12 months



Clinical Management with HPV Testing in Colposcopy:

Conservative SIL Management for Women ≥ 25 in Whom Child Bearing is of Concern



Cervical Screening Tips:

- Clinicians can make use of e-consults to seek clarity on the appropriateness of screening at shorter intervals
- Although HR-HPV testing may be useful for exit from colposcopy and may identify patients at low risk of developing cervical cancer, there is insufficient evidence to state whether HIV + women can be safely discharged to triennial screening if HPV negative



Colposcopy Tips:

- History should include the nature of the immune compromise and any medications that suppress the immune system
- Multiple biopsies should be considered as lesions tend to be larger and may be multifocal
- Consider vaginal dysplasia when colposcopy is negative (as always)
- Consider biopsies for negative colposcopy if severely immunocompromised ???
- Exit to annual screening ???





Clinical Management in Colposcopy: Case Study #3

DR. RACHEL KUPETS SCIENTIFIC LEAD, OCSP



Patient:

- 22 year old G0
- Vaccinated for HPV in grade 8
- Referred with ASCUS followed by LSIL 6 months afterward
- At first colpo visit, colpo adequate and negative; no evidence of dysplasia



What are your recommendations?

- A) Multiple random biopsies
- B) Observation alone/return for colposcopy in 1 year
- C) Discharge to family MD for screening in 1 year
- D) B) or C)



What are your recommendations?

- A) Multiple random biopsies
- B) Observation alone/return for colposcopy in 1 year
- C) Discharge to family MD for screening in 1 year
- D) B) or C)

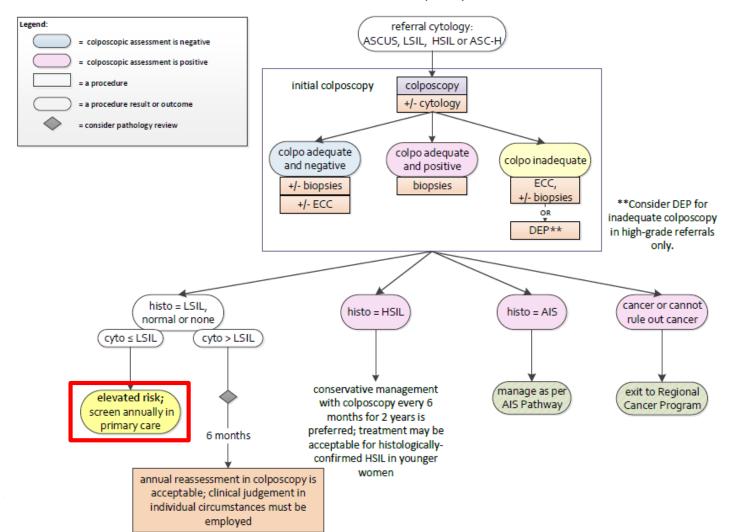


Clinical Management in Colposcopy:

Management of Younger Women Ages 21 to 24*

HPV testing is not to be used in this population

* Women under age 21 should not participate in cervical screening, as per the Ontario Cancer Screening Program guideline recommendations. If they have an abnormal screening result and have been referred for colposcopy, please follow this pathway.





Patient returns for colposcopy in 1 year; their results are normal

Points for Discussion:

- Spontaneous regression
- Age of Initiation for cervical screening:
 - Canada: 25yr in BC and Alberta
 - International: 25yr (UK and AUS), 30yr (the Netherlands)





Concluding Remarks

DR JOAN MURPHY



Accreditation

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim up to a maximum of 1.5 hours (credits are automatically calculated).

In order for you to obtain your certificate of participation, you must fill out our survey that will be sent to your email address that you registered with.



What's Next

- Next meeting of the CoP will take place in Spring 2019
- Want to see something discussed? Let us know at <u>ColposcopyCoP@cancercare.on.ca</u> or speak to your CSCL or Regional Pathology Lead
- Your regional lead will be in contact with you for local events and the next CoP meeting



What's Next

We welcome your feedback!

Please fill out the online evaluation that will be emailed to you.

You can always reach us through email at ColposcopyCoP@cancercare.on.ca.

Thank you!

