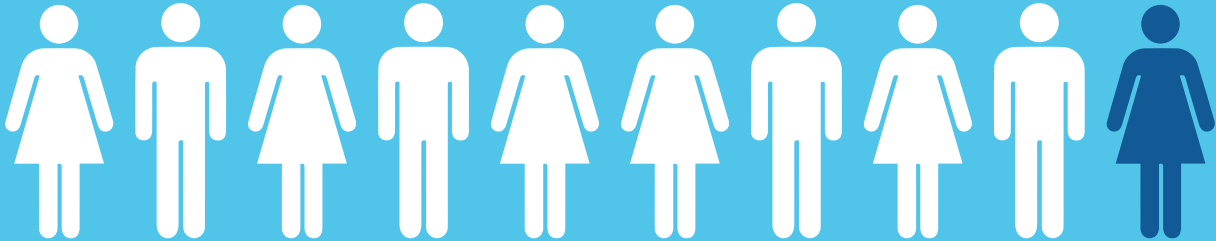




**9 out of 10** people can be cured  
if colon cancer is caught early



**Get checked**



**Ontario Health**  
Cancer Care Ontario





If you are ages 50 to 74,  
talk to your family doctor  
or nurse practitioner about  
getting checked for colon  
cancer with the fecal  
immunochemical test (FIT).

## FIT is a free at-home test for eligible Ontarians

- FIT is safe and painless
- It only takes a few minutes to do
- You only need to collect one stool (poop) sample
- No need to change your diet or medications while you do your test



Learn more about getting checked for colon cancer:  
[cancercareontario.ca/colon](https://cancercareontario.ca/colon)

Need this information in an accessible format?

1-855-460-2647, TTY (416) 217-1815, [publicaffairs@cancercare.on.ca](mailto:publicaffairs@cancercare.on.ca) PCC4160



**Ontario Health**  
Cancer Care Ontario

