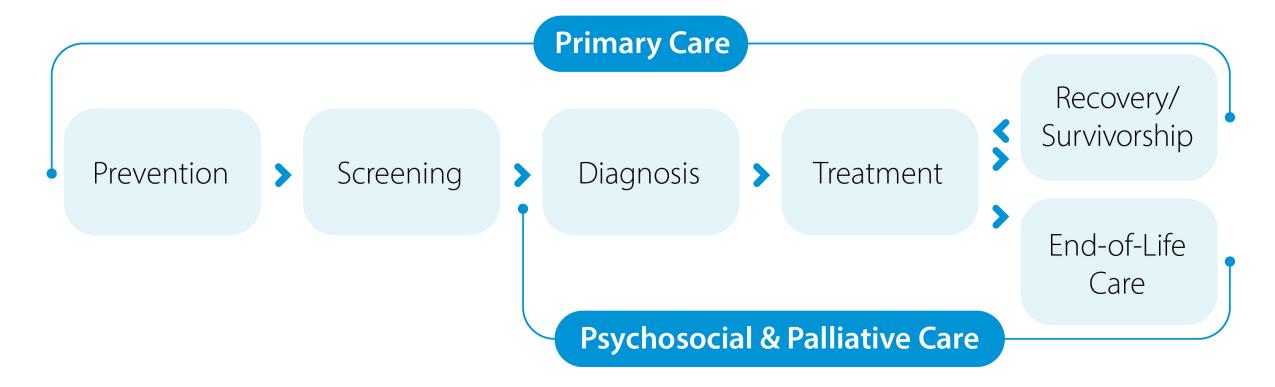
# **Lung Cancer Screening Pathway Map**

Version 2023.04



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Line Guide

## **Target Population**

Current and former smokers ages 55 to 74 who have smoked cigarettes daily for at least 20 years (not necessarily 20 years in a row) can be referred to the Ontario Lung Screening Program (OLSP) for risk assessment. People with a two percent or greater risk of developing lung cancer over the next six years (calculated using the PLCOm2012 risk prediction model) are eligible for lung cancer screening.

## **Pathway Map Considerations**

- The OLSP provides high quality lung cancer screening free of charge for eligible people in Ontario. The OLSP was informed by the Ontario Lung Cancer Screening Pilot for People at High Risk. The following publication describes early results and design of the pilot including evidence considered for lung cancer screening in Ontario:
  Darling GE, Tammemägi MC, Schmidt H, Buchanan DN, Leung Y, McGarry C, Rabeneck L. Organized Lung Cancer Screening Pilot: Informing a Province-wide Program in Ontario, Canada. Ann Thorac Surg. 2021;111(6):1805-1811.
- For more information on the OLSP, refer to the <u>Lung Cancer Screening Information for Healthcare Providers website</u>.
- Primary care providers play an important role in the cancer journey and should be informed of relevant tests and consultations. Ongoing care with a primary care provider is assumed to be part of the pathway map. For patients who do not have a primary care provider, Health811 is a government resource that helps patients find a doctor or nurse practitioner.
- Throughout the pathway map, a shared decision-making model should be implemented to enable and encourage patients to play an active role in the management of their care. For more information see <a href="Person-Centred Care Guideline">Person-Centred Care Guideline</a> and <a href="Evidence-Based Series">Evidence-Based Series</a> (EBS) #19-2 Provider-Patient Communication.\*
- Hyperlinks are used throughout the pathway map to provide information about relevant Ontario Health (Cancer Care Ontario) tools, resources and guidance documents.
- The term 'healthcare provider', used throughout the pathway map, includes primary care providers and specialists, e.g. family doctors, nurse practitioners, and other referring physicians.
- Psychosocial oncology (PSO) is the interprofessional specialty concerned with understanding and treating the social, practical, psychological, emotional, spiritual and functional needs and quality-of-life impact that cancer has on patients and their families. Psychosocial care should be considered an integral and standardized part of cancer care for patients and their families at all stages of the illness trajectory. For more information, visit EBS #19-3.\*

#### **Pathway Map Legend**

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	Primary Care		Intervention		Required
	Palliative Care	$\Diamond$	Decision or assessment point	•••••	Possible
	Pathology		Patient (disease) characteristics		
	Organized Diagnostic Assessment		Consultation with specialist		
	Surgery		Exit pathway		
	Radiation Oncology	$\bigcirc$ or $\bigcirc$	Off page reference		
	Medical Oncology	R	Referral		
	Radiology				
	Multidisciplinary Cancer Conference (MCC)				
	Genetics				
	Psychosocial Oncology (P	SO)			

Shana Guida

## **Pathway Map Disclaimer**

This pathway map is a resource that provides an overview of the treatment that an individual in the Ontario cancer system may receive

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<sup>\*</sup> Note: <u>EBS #19-2</u> and <u>EBS #19-3</u> are older than 3 years and are currently listed as 'For Education and Information Purposes'. This means that the recommendations will no longer be maintained but may still be useful for academic or other information purposes.

## **Pathway Map Glossary**

PLCOm2012 Risk Prediction Model: A statistical risk prediction model that gives an estimate of someone's risk (as a percentage) of developing lung cancer in the next 6 years. 1-2

Current smoker: Someone who has smoked a cigarette in the past 30 days.

Chronic obstructive pulmonary disease (COPD): A lung disease that includes chronic bronchitis and emphysema.

Incidental finding: An abnormality seen on a low-dose computed tomography (CT) scan that is not suspicious for or related to lung cancer.

**Informed consent:** Informed participation in lung cancer screening must be facilitated, which includes providing information on a potential participant's risk of developing lung cancer, the benefits, harms and limitations of lung cancer screening, and possible scan outcomes and next steps.

Low-dose computed tomography (LDCT): A type of CT scan that uses much less ionizing radiation compared to conventional CT. CT scans are produced using specialized equipment and computer processing to create multiple thin cross-sectional images of the inside of the body.

Lung-RADS® (Lung CT Screening Reporting & Data System): A quality assurance tool developed by the American College of Radiology to standardize lung cancer screening CT reporting and management recommendations, reduce confusion in lung cancer screening CT interpretations and facilitate monitoring of participant outcomes. Lung-RADS® assessment categories and their corresponding OLSP management recommendations are:

Assessment Categories	Management Recommendations in the Ontario Lung Screening Program (OLSP)			
Category 0 - Incomplete	Additional lung cancer screening CT images and/or comparison to prior chest CT needed LDCT in 1-3 months if inflammatory or infectious process suspected			
Category 1 - Negative	LDCT in 12 months			
Category 2 - Benign	LDCT in 12 months			
Category 3 – Probably Benign	LDCT in 6 months			
Category 4A - Suspicious	<i>Double read</i> LDCT in 3 months <sup>3</sup>			
Category 4B – Very Suspicious	Referral to lung diagnostic assessment <sup>4</sup>			
Category 4X – Very Suspicious	Referral to lung diagnostic assessment <sup>4</sup>			

Adapted from American College of Radiology Committee on Lung-RADS®. Lung-RADS Assessment Categories version 2022. Available at https://www.acr.org/-/media/ACR/Files/RADS/Lung-RADS/Lung-RADS-2022.pdf.

<sup>&</sup>lt;sup>1</sup>Tammemägi MC, Katki HA, Hocking WG, Church TR, Caporaso N, Kvale PA, Chaturvedi AK, Silvestri GA, Riley TL, Commins J, Berg CD. Selection criteria for lung-cancer screening. N Engl J Med. 2013 Feb;368:728-736.

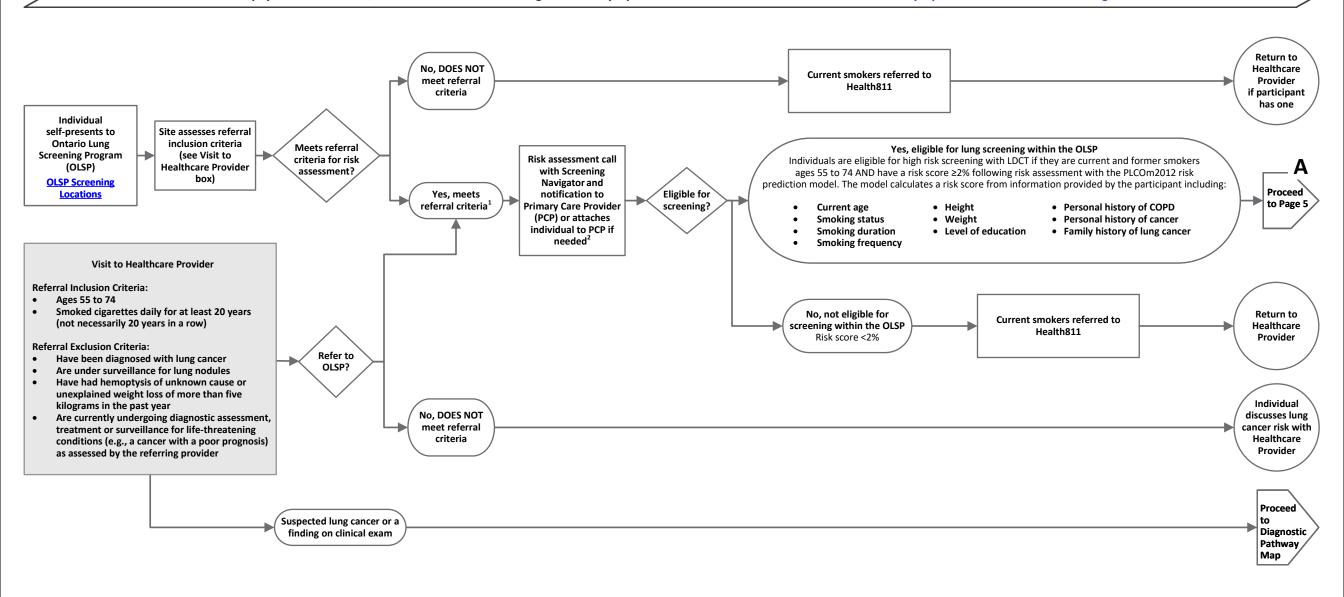
<sup>&</sup>lt;sup>2</sup>Tammemägi MC, Darling GE, Schmidt H, Llovet D, Buchanan DN, Leung Y, Miller B, Rabeneck L. Selection of individuals for lung cancer screening based on risk prediction model performance and economic factors – The Ontario experience. Lung Cancer. 2021;156:31-40.

<sup>&</sup>lt;sup>3</sup>Category 4A are recommended to be double read for consistency and after 3 month LDCT, will be downgraded to Category 1, 2 or 3 or upgraded to Category 4B or X.

<sup>&</sup>lt;sup>4</sup>Category 4B and 4X are managed through organized diagnostic assessment (Chest CT, PET/CT and/or biopsy).

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Screen for psychosocial needs, and assessment and management of symptoms. Click here for more information about symptom assessment and management tools

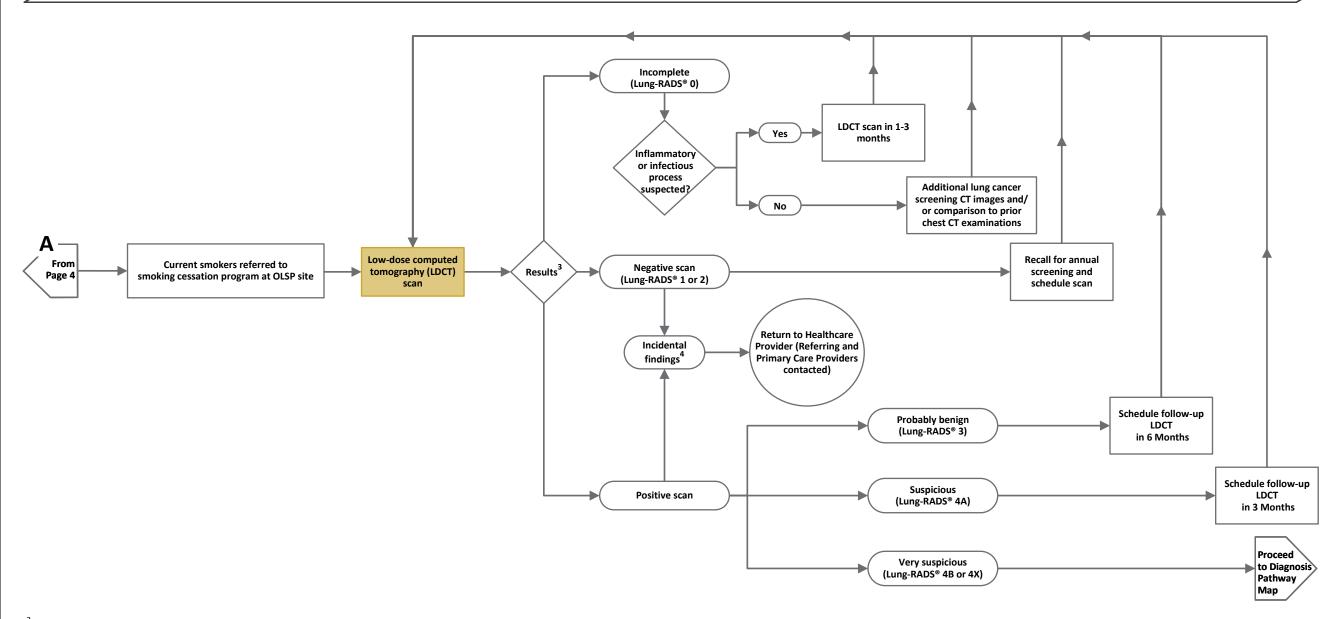


If referral inclusion criteria met, physicians or nurse practitioners must complete the Ontario Lung Screening Program Referral Form.

<sup>&</sup>lt;sup>2</sup>A referral from a physician or nurse practitioner is required for participation in the OLSP to assess a person's overall health to determine if screening is appropriate, for a participant to receive a low-dose computed tomography scan and to follow up on potential management of incidental findings.

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<sup>&</sup>lt;sup>3</sup>Radiologists report LDCT findings using the LDCT Lung Cancer Screening Reporting Template in accordance with the Explanatory Notes: Ontario Lung Screening Program Reporting Template

<sup>&</sup>lt;sup>4</sup>The Recommendations for the Management of Actionable Incidental Findings in the Ontario Lung Screening Program provides additional support in determining 'actionability' of certain incidental findings.