




Ontario Breast Screening Program

February 9, 2015

Screen for Life
Cancer screening sees what you can't

-  Breast
-  Cervical
-  Colorectal

JANE SAMPLE
123 ANY STREET
ANY CITY, ON M1M 1M1

Your Mammogram Result

Dear JANE SAMPLE:

On behalf of Cancer Care Ontario, I would like to thank you for taking care of your health by having a mammogram. Your most recent mammogram, completed in JAN/15, **did not show any signs of breast cancer**. Your next mammogram through the Ontario Breast Screening Program (OBSP) will be in two years.

We will send you a reminder letter to schedule an appointment. In the meantime, please contact your healthcare provider if you notice any changes in your breasts.

If you have any questions, contact OBSP SAMPLE SITE at 222.333.4444 ext. 1 or 1.800.555.5555.

As an agency of the Ministry of Health and Long-Term Care, Cancer Care Ontario provides cancer screening programs to the people of Ontario.

Sincerely,



Dr. Linda Rabeneck
Vice-President, Prevention and Cancer Control
Cancer Care Ontario

Ontario Breast Screening Program

GET THE FACTS. GET SCREENED.

- Mammograms are recommended for women ages 50 to 74 years old. Even if you feel fine or no one in your family has had breast cancer, it is important to get screened.
- Most women diagnosed with breast cancer have no family history of the disease.
- Most women will have normal mammogram results.
- More than 80% of breast cancers are found in women over the age of 50.

HOW EFFECTIVE ARE SCREENING MAMMOGRAMS?

While screening tests are not perfect, regular mammograms are the best way for women ages 50 to 74 to reduce the risk of dying from breast cancer.

Screening may miss some breast cancers and some cancers develop in the time between screens. This is one of the reasons why regular screening is important.

Some breast cancers that appear on a mammogram may never progress to the point where a woman has symptoms. Therefore, some women may have surgery or treatment for a breast cancer that would never have been life-threatening.

Not all cancers found through screening can be cured.

Talk with a healthcare provider about the benefits and risks of screening, or visit cancercare.on.ca/obsp.

ABOUT THE ONTARIO BREAST SCREENING PROGRAM (OBSP)

To learn more, visit cancercare.on.ca/obsp, or contact us at screenforlife@cancercare.on.ca or 1.866.662.9233

Monday to Friday between 8:30 a.m. and 5:00 p.m.

If you do not want to receive OBSP letters from Cancer Care Ontario, complete the form at cancercare.on.ca/screeningletters or call us toll-free at 1.866.662.9233.

You can change your mind at any time.

If your address or phone number changes, please inform Service Ontario (OHIP) by calling 1.800.668.9938 or visiting ontario.ca/health-and-wellness/health-cards.

Cancer Care Ontario is an organization committed to ensuring accessible services and communications to individuals with disabilities. To receive any part of this document in an alternate format, please contact our communications department at 1-855-460-2647, TTY (416) 217-1815, or at publicaffairs@cancercare.on.ca.