

Housekeeping Items

- If you a unable to hear us, please dial-in:
 - 416-620-7077 / 1-866-834-7685
 - Access code: 255 6848
- Please use the chat box or the "Raise Hand" function in your window to alert us if you have a question or comment
- We have muted the line if you have questions, press *7 to unmute yourself.
- For technical difficulties, dial "0" to speak to an operator
- Please note that this session is being recorded and will be available for a period of time online

For reference, the *Colposcopy Clinical Guidance Document* and the related colposcopy toolkit documents are provided in your calendar invitations

Welcome to the Colposcopy Community of Practice

About the Colposcopy CoP

- Fourth CoP webinar
- Today's webinar will be interactive
 - ✓ Live polls before and after presentations
 - ✓ Q&A periods after each agenda item
 - ✓ Participation is encouraged
- Today's session is a Royal College of Physicians and Surgeons Accredited Group learning Activity – we will issue you a letter of accreditation for 1.5 credit hours if you:
 - 1. Participate in today's event,
 - 2. Register as a member of the Colposcopy CoP, and
 - 3. Complete and submit the post-webinar evaluation survey.



Have questions? Email us! ColposcopyCoP@cancercare.on.ca

Today's Agenda

Item	Presenter
Introduction	Dr. Joan Murphy
Ontario Cervical Screening Program Updates	Dr. Joan Murphy
Colposcopy Indicators from the <i>Analytics Insider</i>	Dr. Rachel Kupets
Case Study #1: Risk stratification for women entering colposcopy	Dr. Susan McFaul
Case Study #2: Woman under 25	Dr. Michael Shier
Case Study #3: Older woman	Dr. Rachel Kupets
Concluding Remarks and Accreditation	Dr. Joan Murphy



Learning Objectives

We hope that by the end of this meeting, you will better understand:

- The colposcopy landscape in Ontario through infographic indicators
- 2. Age-based risk assessment and implications for screening and colposcopy
- 3. Navigation of colposcopy best-practice pathways





Ontario Cervical Screening Program Updates

DR. JOAN MURPHY



HPV Testing - Implementation Update

- Summer 2017: CCO is working with the Ministry to implement HPV testing in Ontario.
- Scientific evidence and expert consultation supports each component of program design for HPV screening
- Engagement with public and clinical community
- Support for physicians in implementing HPV testing will include:
 - Updated cervical screening guidelines using HPV testing
 - Updated colposcopy clinical guidance pathways including HPV testing
 - Education and tools to help physicians understand and align with the pathways (e.g. case studies)



Colposcopy Clinical Guidance Updates

- Thank you for submitting feedback through your CSCL, our survey, or directly to the CoP inbox last year.
- To align HPV testing in screening and colposcopy settings, the next version of the *Document* will be released to align with updated cervical screening guidelines, which will be finalized later this year





Analytics Insider: Spotlight on Colposcopy

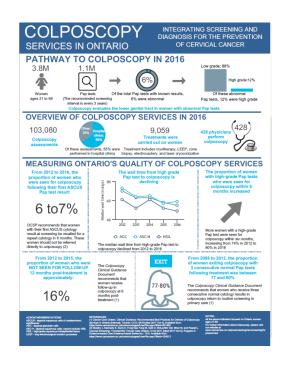
DR. RACHEL KUPETS SCIENTIFIC LEAD, OCSP



Analytics Insider: Spotlight on Colposcopy

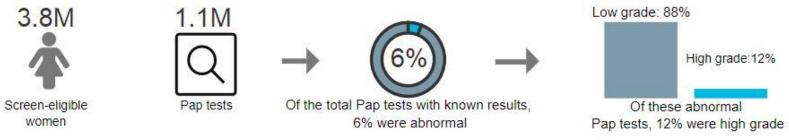
- One-time newsletter to share regional performance, as measured by a select list of colposcopy indicators
- To drive regional quality improvement initiatives and to measure impact of these initiatives







PATHWAY TO COLPOSCOPY IN 2016



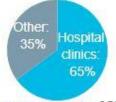
Colposcopy evaluates the lower genital tract in women with abnormal Pap tests



OVERVIEW OF COLPOSCOPY SERVICES IN 2016

103,080

Colposcopy assessments



Of these assessments, 65% were performed in hospital clinics 9,059

Treatments were carried out on women

Treatment includes cryotherapy, LEEP, cone biopsy, electrocautery, and laser cryoconization

428 physicians perform colposcopy



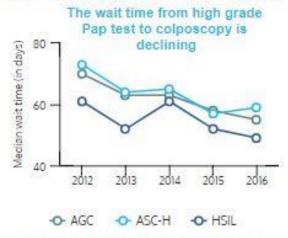


MEASURING ONTARIO'S QUALITY OF COLPOSCOPY SERVICES

From 2012 to 2016, the proportion of women who were seen for colposcopy following their first ASCUS Pap test result:

6 to 7%

OCSP recommends that women with their first ASCUS cytology result at screening be recalled for a repeat cytology in 6 months. These women should not be referred directly to colposcopy (2)



The median wait time from high-grade Pap test to colposcopy declined from 2012 to 2016

The proportion of women with high-grade Pap tests who were seen for colposcopy within 6 months increased



More women with a high-grade Pap test were seen for colposcopy within six months, increasing from 74% in 2012 to 80% in 2018

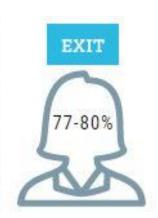


MEASURING ONTARIO'S QUALITY OF COLPOSCOPY SERVICES

From 2012 to 2015, the proportion of women who were NOT SEEN FOR FOLLOW-UP 12 months post-treatment is approximately:

16%

The Colposcopy Clinical Guidance Document recommends that women receive follow-up in colposcopy at 6 months posttreatment (1)



From 2008 to 2012, the proportion of women exiting colposcopy with 3 consecutive normal Pap tests following treatment was between 77 and 80%

The Colposcopy Clinical Guidance Document recommends that women who receive three consecutive normal cytology results in colposcopy return to routine screening in primary care (1)







CANCER SCREENING ANALYTICS NEWSLETTER

ANALYTICS INSIDER

ISSUE 1: SPOTLIGHT ON COLPOSCOPY

DATE: NOVEMBER 2017

About this newsletter

Analytics Insider aims to share key cancer screening findings with stakeholders and support quality improvement initiatives. This newsletter is developed by Cancer Screening Quality Management (Analytics team), with contributions from Cancer Screening Program Design (Ontario Cervical Screening Program team), scientific and clinical leads, and other cancer screening colleagues at Cancer Care Ontario.

This issue

In this issue, we will take a closer look at colposcopy services in Ontario. Colposcopy is a procedure used to examine the cervix, vagina and vulva for any abnormalities. The procedure is conducted using a colposcope and is usually indicated by an abnormal screening Pap test result (1). While this issue focuses on colposcopy, future issues will highlight other cancer screening services.

Note from the OCSP Provincial Leads: Dr. Joan Murphy and Dr. Rachel Kupets

In recognizing the importance of the cervical cancer prevention continuum, Cancer Care Ontario is organizing colposcopy services in Ontario, which will ultimately be integrated into the province's organized cervical screening program. With the release of the Colposcopy Clinical Guidance Document (2016) and the 2017 Ontario Budget announcement regarding HPV testing, the OCSP and the Regional Cervical Screening and Colposcopy Leads are planning Regional Quality Improvement Initiatives. These regional initiatives are tailored to specific regional needs and will further improve cervical screening, colposcopy and cervical cancer prevention in Ontario. It is our intention that the indicators reported in this newsletter will contribute to the Regional Quality Improvement

These indicators include descriptive statistics and performance metrics that will support the regions in identifying OCSP successes and opportunities for improvement. This information should be used in conjunction with the cervical screening and colposcopy indicators reported in the Quarterly Performance Review Reports and Monthly Reports available through regional leadership.

ACKNOWLEDGEMENTS: Authors/Creators: Michelle E. Policarpio and Janet Heng

- Cancer Screening Quality Management: Julia Gao. Nathaniel Jembere. Li Wang. Bryan Maguire and Laurie Bourne. - Canizer Streening Custry Management: Jusa Gais, Nationaria Jembors, Li Wang, Briyan Magaria and Lusere Souties
 - Canizer Streening Program Bedgis; Samana State, Mer Ger, Ribbocca Yap, Lasara Raya and Gilliam Bromfeld
 - Scientific and Clinical Leade. Rachel Kupeta and Joan Murphy
 Support: Colleagues from the Department of Prevention and Canizer Control, Communications and Privacy portfolios.
 Parts of this material are based on data and information compiled and provided by the Canadian Institute for Health
- Information (CIHI). However, the analyses, conclusions, opinions and statements expressed herein are those of the authors and contributors and not necessarily those of CIHI.

FEEDBACK

Email us: screeningdatarequest@cancercare.on.ca

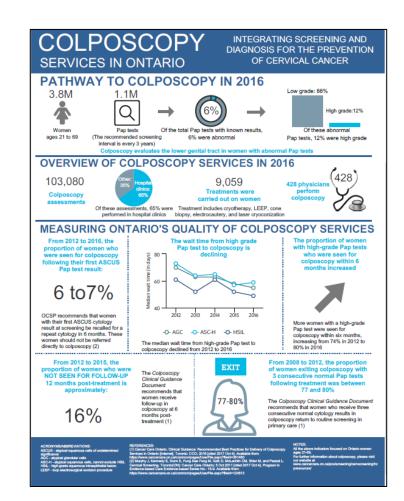
Latest Research

- · Koné Péfoyo AJ, Wang L, Gao J, Kupets R. Are women who exit colposcopy without treatment at elevated risk for cervical cancer?. Journal of Lower Genital Tract Disease. 2017 Jan:21(1):47-54.
- Kupets R, Wang L, Gao J, Koné Péfoyo A. Cervical Screening and Colposcopy Management of Women Ages 24 and Under. 4th Canadian Cancer Research Conference
- Policarpio ME, Heng J, Jembere N, Gao J, Kupets R. A Closer Look at Colposcopy Services in Ontario. 4th Canadian Cancer Research Conference

HIGHLIGHTS

- About this newsletter This issue
- Note from the OCSP **Provincial Leads**
- Latest research
- Colposcopy infographics









Clinical Management in Colposcopy: Case Study #1

DR SUSAN MCFAUL

OB/GYN, THE OTTAWA HOSPITAL CHAMPLAIN LHIN CSCL



Case Study #1: SIL management with and without HPV testing



Patient A:

- 32 year old G2P2 woman is referred to colposcopy.
- ASCUS x 2

Question 1

BASED ON THE PHOTO, YOUR COLPOSCOPIC EXAM

FINDINGS WOULD BE:

- A. Normal
- B. LSIL
- C. HSIL
- D. AIS
- E. Malignancy





YOUR COLPOSCOPIC EXAM FINDINGS WOULD BE:

- A. Normal
- B. LSIL
- C. HSIL
- D. AIS
- E. Malignancy



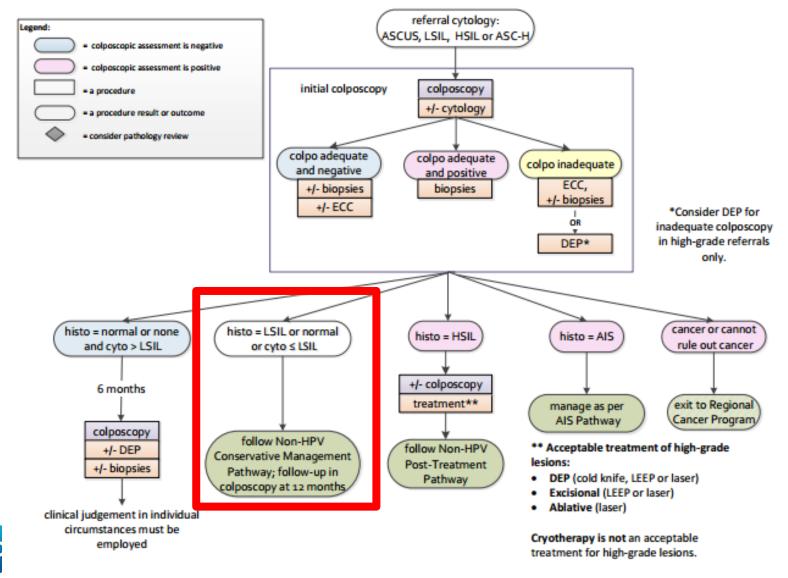
Q2

Based on cytology and histology both showing LSIL

You recommend:

- A. Discharge to routine cytology in 3 years with family MD
- B. Discharge to annual cytology with family MD
- C. Follow up colposcopy in 1 year
- D. Diagnostic excisional procedure







Q3

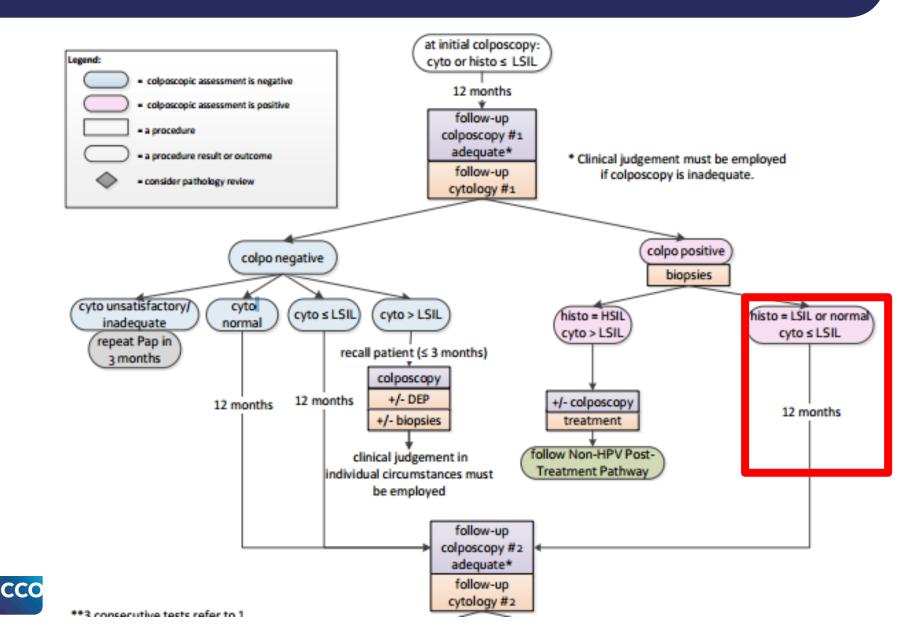
At 1 year follow-up visit:

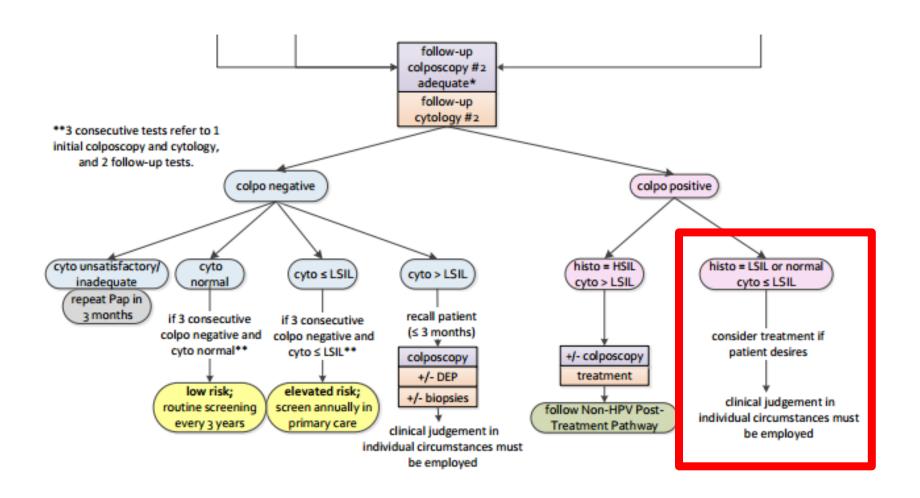
Colposcopy findings are similar as 1 year previously (Pap=LSIL, Biopsy=LSIL). She is considering another pregnancy in 1-2 years.

You recommend:

- A. Discharge to routine cytology in 3 years with family MD
- B. Discharge to annual cytology with family MD
- C. Follow up colposcopy in 1 year
- D. Diagnostic excisional procedure









Case study #1- with HPV testing

Patient B:

- 32 year old G2P2 woman is referred to colposcopy.
- ASCUS x 2

BASED ON THE PHOTO, YOUR COLPOSCOPIC EXAM FINDINGS WOULD BE:

- A. Normal
- B. LSIL
- C. HSIL
- D. AIS
- E. Malignancy



Case study #1: SIL management with HPV testing

Q4

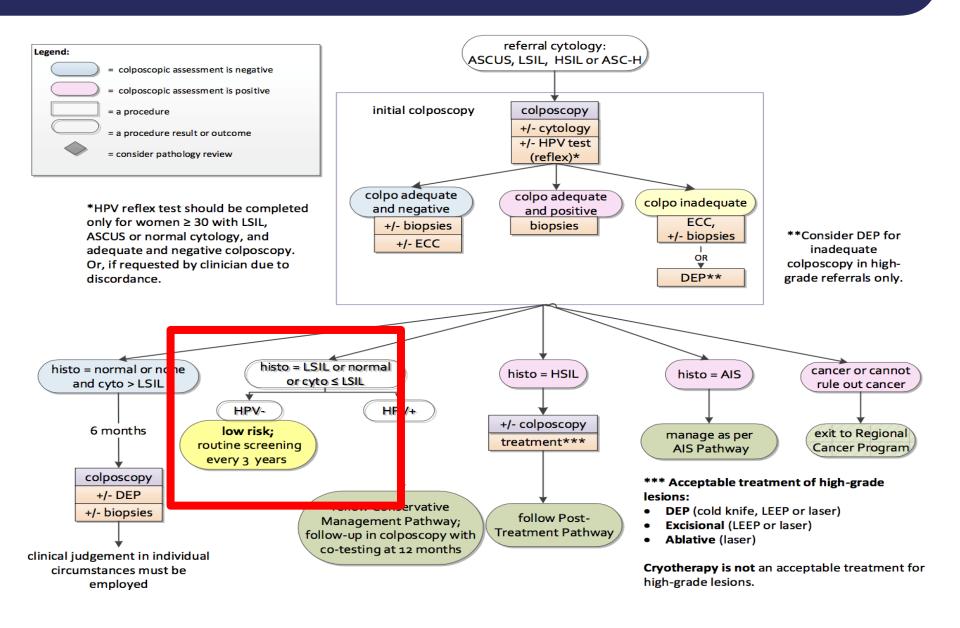
Cytology and histology both show LSIL, HPV negative.

You recommend:

- A. Discharge to routine cytology in 3 years with family MD
- B. Discharge to annual cytology with family MD
- C. Follow up colposcopy in 1 year
- D. Diagnostic excisional procedure



Case Study #1: Conservative management HPV known



Case Study #1: SIL management with HPV testing

Patient C:

A 32 year old woman referred to colposcopy with an HPV 16 positive result and ASCUS cytology.



Case Study #1: SIL management with HPV testing

Q5

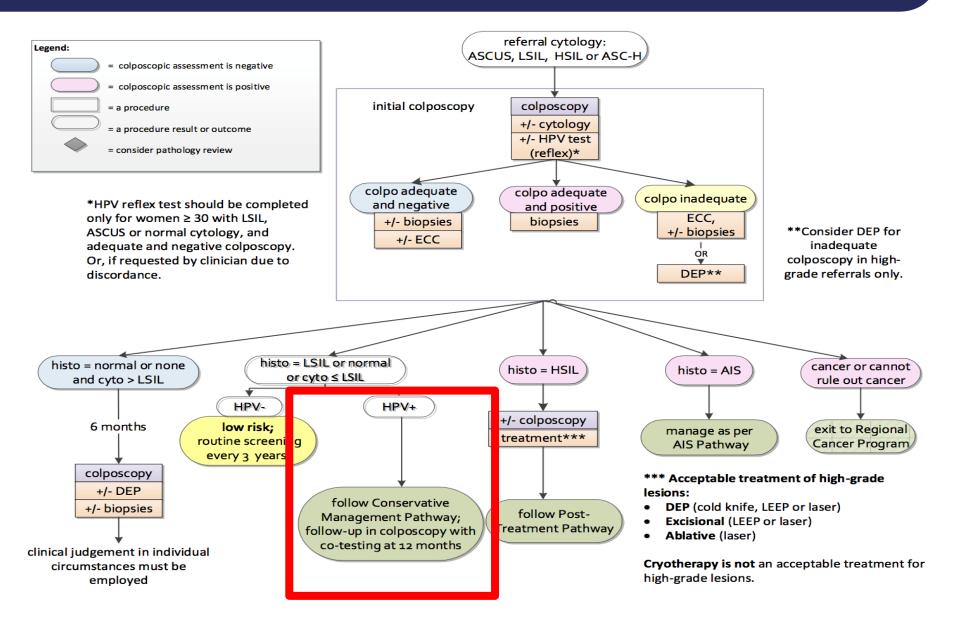
Patient C: Colpo visit #1 Cytology and histology both show LSIL

You recommend:

- A. Discharge to routine cytology in 3 years with family MD
- B. Discharge to annual cytology with family MD
- C. Follow up colposcopy in 1 year
- D. Diagnostic excisional procedure



Case Study #1: conservative management HPV known



Case study #1: SIL conservative management HPV known

Q6

1 year follow up: she is considering another pregnancy in 1 – 2 years

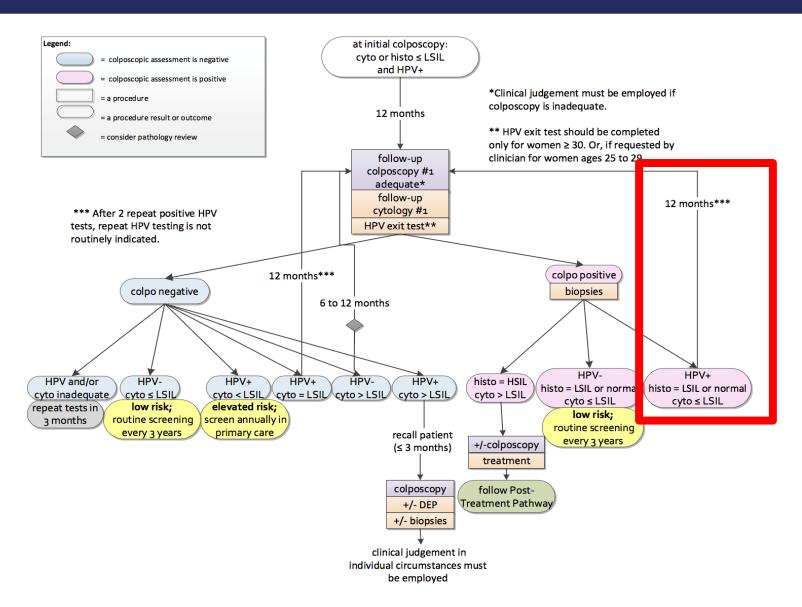
Colposcopy visit #2 Your colposcopic findings are similar as 1 year previously (Pap=LSIL, biopsy=LSIL)

You recommend:

- A. Follow up colposcopy in 1 year
- B. Follow up colposcopy in 1 year with HPV exit test
- C. Diagnostic excisional procedure



Case Study #1: SIL management with HPV testing





Clinical Management in Colposcopy: Case Study #2

DR MICHAEL SHIER

OB/GYN, SUNNYBROOK HEALTH SCIENCES CENTRE TORONTO CENTRAL LHIN CSCL



Case Study #2: Woman under 25 years old



Case Study #2

A 23 year old nulliparous woman is referred to colposcopy with a Pap test showing HSIL. Significant history includes that she is a cigarette smoker and has not been vaccinated against HPV.

Question 1

OF THE FOLLOWING, THE BEST RECOMMENDATION WOULD BE:

- a) Repeat Pap and HPV testing at time of colposcopy
- b) Perform HPV test only
- c) Perform colposcopy with or without Pap test
- d) Recommend stop smoking and repeat Pap in 6 months



Case Study #2

A 23 year old nulliparous woman is referred to colposcopy with a Pap test showing HSIL. Significant history includes that she is a cigarette smoker and has not been vaccinated against HPV.

Question 1

OF THE FOLLOWING, THE BEST RECOMMENDATION WOULD BE:

- a) Repeat Pap and HPV testing at time of colposcopy
- b) Perform HPV test only
- c) Perform colposcopy with or without Pap test
- d) Recommend stop smoking and repeat Pap in 6 months



The colposcopic findings are shown.





Question 2

Based on colposcopic findings

You recommend:

- a) I or 2 biopsies at 5-6 oclock
- b) Repeat Pap and suggest HPV testing
- c) Perform LEEP
- d) Observation only with follow-up in 6 months



Results for this woman are:

Histology HSIL (Pap HSIL). The patient is compliant and reliable for follow-up.

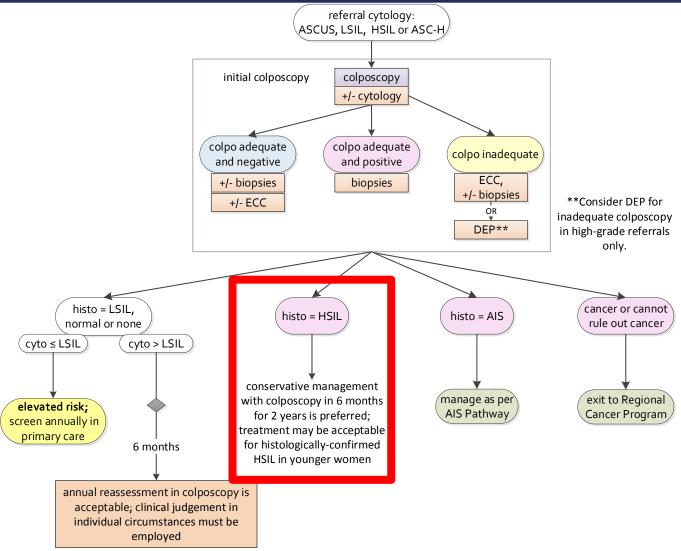
Question 3

You recommend:

- a) Follow-up colposcopy in 6 months
- b) Follow-up colposcopy in 12 months
- c) Treatment with LEEP
- d) Treatment with local cryotherapy to anterior cervix



Case Study #2 Women age 21 to 24





At 6 month follow-up visit:

Colposcopy reveals the lesion is approximately the same size and colposcopic impression of grade the same, Pap HSIL still.

Question 4: You recommend:

- a) Repeat colposcopy in 3 months or less
- b) Repeat biopsy
- c) Repeat colposcopy in 6 months
- d) Treatment with LEEP or Laser



At this 6 month follow-up visit you also note she has stopped smoking and has received the first 2 Gardasil injections. She also mentions that she has been taking a naturopathic medication in order to eliminate HPV.





Question 5:

You congratulate her on stopping smoking and receiving the vaccine and recommend:

- a) She double the dose of her medication
- b) Complete her vaccine program
- c) Discuss evidence based health choices
- d) Both b and c



Visit 3. At 1 year since original colposcopy. Patient reports recent onset of post coital bleeding. Colposcopy reveals type 1 Tz, lesion still present at 6 oclock but some new indistinct friable acetowhitening in adjacent endocervical glands at 5 oclock.

Question 6

You recommend:

- a) Follow-up colposcopy in 6 months
- b) Repeat biopsy and Pap test
- c) Treatment with LEEP
- d) HPV testing



Visit 3. At 1 year since original colposcopy. Patient reports recent onset of post coital bleeding. Colposcopy reveals type 1 Tz, lesion still present at 6 oclock but some new indistinct friable acetowhitening in adjacent endocervical glands at 5 oclock.

Question 6

You recommend:

- a) Follow-up colposcopy in 6 months
- b) Repeat biopsy and Pap test
- c) Treatment with LEEP
- d) HPV testing



Results for this woman are:

Pap HSIL, Biopsy compatible with HSIL but also a focus of AIS.

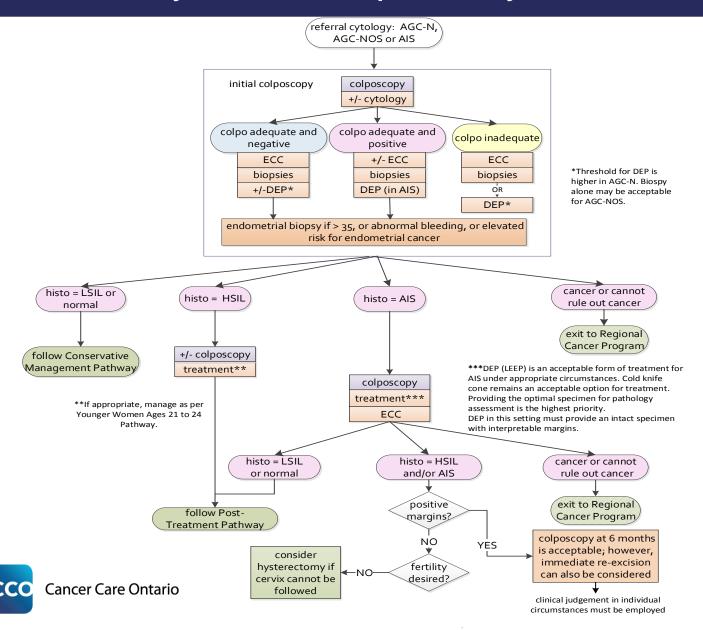
Question 7

Of the following options you recommend:

- a) Follow-up colposcopy in 6 months
- b) Follow-up colposcopy in 3 months
- c) Treatment with Laser ablation
- d) Treatment with excision by cone biopsy or LEEP



Case Study #2 AGC pathway



A LEEP was performed.

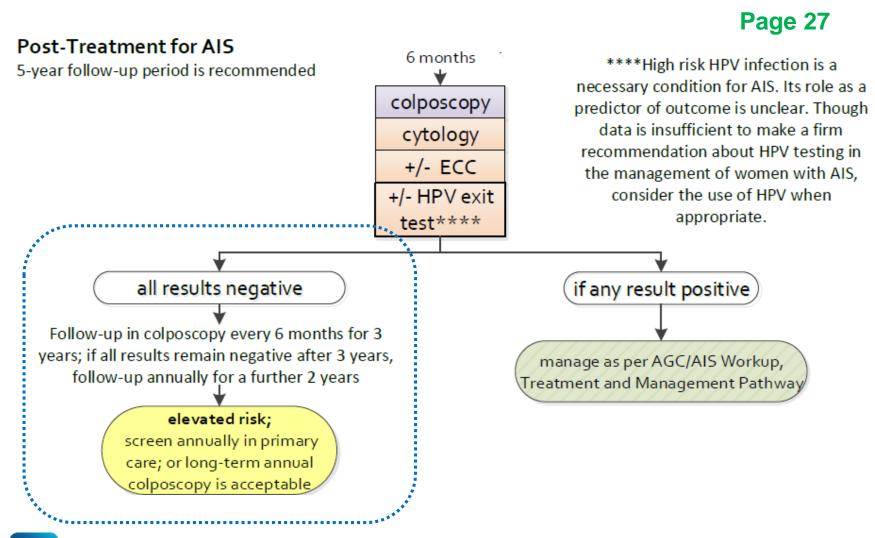
The specimen reveals HSIL and AIS with no invasion and clear resection margins. Follow-up colposcopy and Pap test at 6 months is normal.

Question 8: Of the following you recommend:

- a) Follow-up colposcopy in 6 months with HPV exit testing
- b) Follow-up colposcopy in 6 months with Pap test and ECC
- c) Discharge to primary care provider for Pap in 1 year
- d) Follow-up in colposcopy in 3 months



Work-up, Treatment and Management AGC/AIS Referral – **5 Year Follow-Up**





Clinical Management in Colposcopy: Case Study #3

RACHEL KUPETS



Patient:

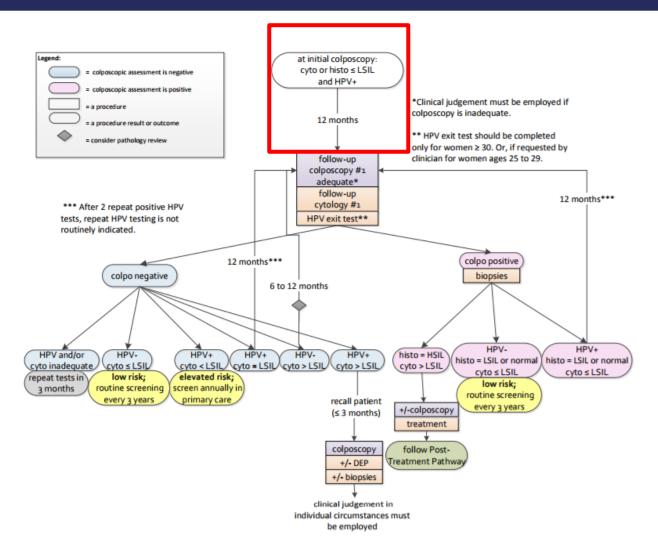
- 65 year old G2P2 woman
- Referred with LSIL cytology
- At first colpo visit, colpo satisfactory:
 - HR HPV positive
 - Histology is normal



Q1: What are your recommendations? (LSIL referral; Histo = normal; HPV positive)

- A) F/U colpo in 12 months
- B) Discharge to annual surveillance
- C) Treat
- D) None of the above







Q2: At 12-month follow-up, what do you recommend?

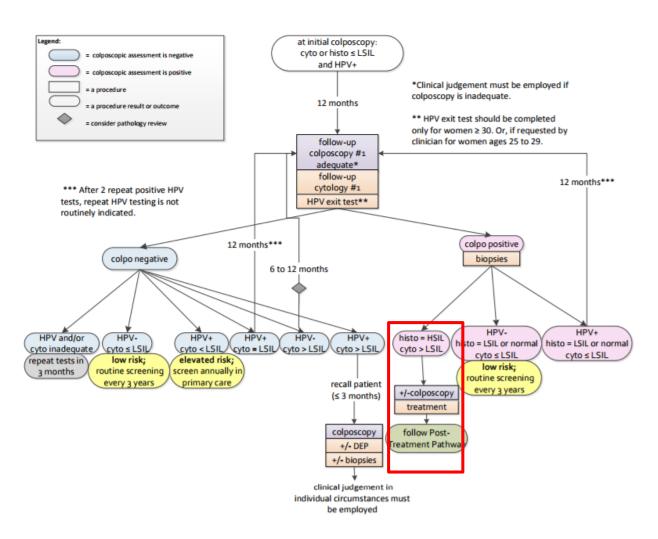
- A) Cytology
- B) HR HPV test
- C) Biopsy, if lesion seen
- D) A and C only
- E) A, B and C



Q3: Results: HPV positive, biopsy=HSIL. What would be your recommended next step?

- A) F/U in colpo in 12 months
- B) Discharge + annual surveillance
- C) Discharge to routine screening
- D) Treat (LEEP or laser)
- E) None of the above







Q4: With LEEP, CIS & positive endocervical margin is seen. What is your recommended next step?

- A) F/U at 6 months
- B) Consider re-treatment
- C) F/U at 12 months
- D) Discharge for annual surveillance
- E) A or B





Concluding Remarks

DR JOAN MURPHY



Accreditation

Royal College of Physicians and Surgeons of Canada – Section 1:

This event is an Accredited Group Learning Activity (Section 1) as defined by the Maintenance of Certification Program of the Royal College of Physicians and Surgeons of Canada, approved by Continuing Professional Development, Faculty of Medicine, University of Toronto. You may claim up to a maximum of 1.5 hours (credits are automatically calculated).

In order for you to obtain your certificate of participation, you must fill out our survey that will be sent to your email address that you registered with.



What's Next

- Next meeting of the CoP will take place in Fall 2018
- Want to see something discussed? Let us know at <u>ColposcopyCoP@cancercare.on.ca</u> or speak to your CSCL or Regional Pathology Lead
- Your regional lead will be in contact with you for local events and the next CoP meeting



What's Next

We welcome your feedback!

Please fill out the online evaluation that will be emailed to you.

You can always reach us through email at ColposcopyCoP@cancercare.on.ca.

Thank you!



Thank you!

And a special thank you to our CoP Planning Committee:

Dr. Jennifer Jocko Dr. Rachel Kupets Dr. Paul Gurland Dr. Keiyan Sy

